



# Lake Sunapee Rowing Club - 2020 Membership Application

[www.lakesunapeerowing.com](http://www.lakesunapeerowing.com) and find us on Facebook

Today's Date: MO \_\_\_ DD \_\_\_ YR \_\_\_

First and Last Name \_\_\_\_\_

Mailing Address \_\_\_\_\_ Town \_\_\_\_\_ State \_\_\_\_\_ Zip \_\_\_\_\_

Evening Phone \_\_\_\_\_ Daytime Phone \_\_\_\_\_ Cell \_\_\_\_\_ Email Address \_\_\_\_\_

### Personal Information:

\_\_\_ Male \_\_\_ Female \_\_\_ Age

Birth date: MO \_\_\_ DD \_\_\_ YR \_\_\_

New member  Renewal

Experienced rower

Novice: Two ways to get started. Join the June 16 to July 5 coached novice session or row with a mentor for six 1-hour sessions after joining the club. Times will be based on mutually agreed upon schedules.

*For more information, phone Brenda at 603-481-2166.*

### Sculling Lessons

Times to be arranged via email:  
lakesunapeerowing@gmail.com

Prices: 1 person \$50, 2 people \$40 each,  
4 people \$25 each.

Package of 3 lessons: \$75 (minimum 2 people)  
Lessons are approximately 1 1/2 hours long

<b>Annual Dues:</b>	Individual Membership	\$150	_____
	Family Membership	200	_____
	Non-rowing Membership	25	_____

### Sessions:

Spring Sweeps and Sculls, 5:45 - 7:30 am (M,W,F)			
May 25 to June 12	130	_____	
AM Sweeps and Sculls 5:45 - 7:30 am (M,T,W,F)*			
June 15 to July 3 (non-members \$225)	170	_____	
July 6 to July 24	170	_____	
July 27 to Aug. 14	170	_____	
Aug 17 to Sept 4 (MWF)	130	_____	
Sept 7 to Sept 25 (MWF)	130	_____	
PM Sweeps and Sculls 6:00- 8:00 pm (T,Th)=6-8 am (Sundays)			
June 16 to July 5 <b>Beginners!</b> (non-member \$185)	130	_____	
July 6 to July 26 intermediate*	0	130	_____
July 28 to Aug. 16 intermediate *	0	130	_____

\*Coach's approval required.

(Drop-in rowers will be charged \$20 per session)

Total \$ \_\_\_\_\_

**Minimum number of 5 rowers required for sessions.  
Refunds only for cancellations of programs by LSRC.**

In addition to my dues and session fees, a tax-deductible donation of \$ \_\_\_\_\_ is included for the

Equipment fund or  Scholarship fund. Thank you!

Complete application form and mail your check to: **Lake Sunapee Rowing Club, PO Box 287, New London, NH 03257**

### Swim Test: (Not required for renewing members)

As a currently accredited lifeguard, I certify that I have observed \_\_\_\_\_ complete a swim test consisting of **swimming 100 yards** in a competent manner and **treading water for 10 minutes** and then **putting on a PFD** while treading water.

\_\_\_\_\_  
Lifeguard/Water Safety Instructor (print name, sign and date)

**USRowing required:** Go to [usrowing.org/join-or-renew-membership/](http://usrowing.org/join-or-renew-membership/) and join or renew membership as a "Basic Member" for \$9.75. Sign the waiver and become an associate with LSRC. Our club's code is HVVU4. Please enter your USRowing number \_\_\_\_\_

**View Safety Video Online:** Watch the safety video at [www.youtube.com/watch?v=Rx5Sue\\_RdgQ](http://www.youtube.com/watch?v=Rx5Sue_RdgQ) and initial here after viewing. \_\_\_\_\_

**Media Release:** I hereby authorize and give my full consent to Lake Sunapee Rowing Club to copyright and/or publish any and all photographs, videotapes and/or film in which I appear while attending rowing sessions. Lake Sunapee Rowing Club may transfer, use or cause to be used these photographs, videotapes or films for any exhibitions, public displays, publications, commercials, art and advertising purposes and television programs without limitations or reservations.

\_\_\_\_\_  
Signature and Date (Signature of parent if rower is under 18 years of age)