



More About Us...

We are a 501(c) (3) non-profit. All donations are tax-deductible

Over the past 11 years, hundreds of men, women and young people from the surrounding communities and beyond have rowed with us.

We row on big Lake Sunapee launching from Georges Mills Public Beach.

We have experienced coaches to instruct beginner, intermediate and experienced rowers.

We have many types of boats available for use during our rowing sessions and for other members to use.

Our season on the water begins in June and finishes up in October. Some members continue rowing in winter and early spring at Dartmouth College in their indoor tanks.

Our club sponsors the rowing program at Proctor Academy.

Find more information about the Lake Sunapee Rowing Club at www.lakesunapeerowing.com and



Celebrating our
11th
Season of Rowing
on
Lake Sunapee

www.lakesunapeerowing.org

Community Based Rowing



Come Row With Us

Rowing Your Way!

Row in an **organized session** with an experienced coach. A.M. or P.M. times available.

Row **on your own** using our equipment or your own.

Adaptive rowing is offered for those needing additional help.

Scholarships available for interested rowers.

Many Benefits Afforded!

Exercise and fitness

Working hard together on the water

Making life-long friends

Enjoying a new and rewarding sport